



Social Needs Network for Evaluation and Translation

SUMMER 2022 | [View in browser](#)

Social Health for Everyone: Sharing SONNET survey results at national SDOH symposium



SONNET executive sponsor Anand Shah and ERC member Meagan Brown

On August 11, Anand Shah and Meagan Brown will give the closing keynote at Modern Healthcare's 2022 Social Determinants of Health Symposium

[Modern Healthcare's 2022 Social Determinants of Health Symposium](#) brings together providers, payers, and other stakeholders who are working to address systemic inequities that impact community health. Held virtually on August 11, this event features expert perspectives on the close relationship between social determinants of health and health outcomes, as well as insights on strategies to advance community health.

In the event's closing keynote session, entitled "Social Health for Everyone," SONNET Evaluation and Research Committee (ERC) member **Meagan Brown, PhD**, will present results of recent SONNET-led research that sheds light on the prevalence of social needs among KP members. KP Vice President of Social Health and SONNET executive sponsor, **Anand Shah, MD, MS**, will discuss health care's important role in addressing social needs and how KP is advancing its social health practice to better serve members.

View the agenda and register for this virtual event at [Modern Healthcare's website](#) (registration fee is \$99) — or stay tuned for a link to the recording of Anand's and Meagan's presentation in SONNET's fall newsletter.

Interventions Addressing Social Isolation and Loneliness: A Rapid Evidence Review



SONNET ERC member Nancy Weinfield

New SONNET report offers insights into effective interventions for 3 key populations

SONNET's latest report from our Evaluation and Research Committee (ERC) focuses on **social isolation and loneliness in 3 key populations**: older adults, teens/young adults, and people who are pregnant or postpartum. ERC member **Nancy Weinfield, PhD**, and her colleague **Adrienne Deneal, MS**, at KP Mid-Atlantic Permanente Research Institute, led a rapid evidence review of interventions for social isolation and loneliness in these 3 populations. Their report offers different "pathways forward" for each group, for example:

- **Older adults:** Interventions that promote group activity show promise for older adults who are physically active — while visitor and virtual approaches may be more effective for those who have limited mobility.
- **Teens/young adults:** Mindfulness seems to be successful approach — but more research is needed to understand the impact of unaddressed mental health needs
- **People who are pregnant or post-partum:** The existing intervention literature seems to frame loneliness and social isolation as mechanisms that influence other outcomes, such as parenting or depression. More research is needed within this population to understand loneliness and social isolation as specific outcomes.

Read the full report: [Interventions Addressing Social Isolation and Loneliness: A Rapid Evidence Review](#)

Other new findings and resources

New social health training: Addressing Social Health in Medicine

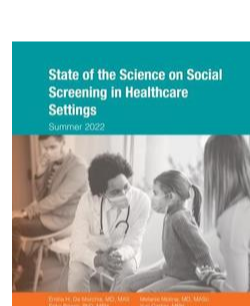
Addressing Social Health in Medicine

This course introduces providers to how they can address patients' social needs and risks. Learners will become familiar with social determinants of health (SDOH) that may be uncovered during clinical visits or in screening questions before a visit. Lifelike scenarios provide practice working with patients to identify their social risks, connect them to resources, and enhance their medical treatment plans to accommodate their needs.



This new online training module uses real-world scenarios to help providers build skills in talking with members about social health. Developed by SONNET for Kaiser Permanente providers, the training is available publicly and can help care teams in a variety of settings communicate about social risks, connect patients to resources, and adapt treatment plans in the context of their social situations. Access the training here: [Addressing Social Health in Medicine](#). (CME credit for this training is not available for providers outside of Kaiser Permanente.)

State of the Science on Social Screening in Healthcare Settings: New report from our partners at SIREN



The Social Interventions Research and Evaluation Network (SIREN) recently released a [new report](#) that synthesizes existing research on social screening in U.S. health care. Funded by the Robert Wood Johnson Foundation, the report aims to inform and intensify the national dialogue about social risk screening. Findings are summarized in 5 digestible sections: prevalence of screening, validity of existing screening tools, patients' perspectives on screening, providers' perspectives on screening, and screening implementation.

ROI Calculator for Partnerships to Address SDOH: A tool to help show the value of integrating social services with medical care

If you're looking for a tool to help understand the return on investment (ROI) from integrating social services with medical care, check out the [ROI Calculator for Partnerships to Address the Social Determinants of Health](#). The calculator was designed for health systems, payers, medical providers, social service providers, and community-based organizations (CBOs) who are working to address social determinants of health. It was created by The Commonwealth Fund to help CBOs and their health care partners create sustainable financial plans for delivering social services to patients with complex health care needs.

Events and opportunities

SIREN 2022 National Research Meeting: Racial Health Equity in Social Care



Registration is open for Racial Health Equity in Social Care, a free, virtual research meeting from the Social Interventions Research and Evaluation Network (SIREN). Join fellow social care researchers, providers, and decision makers to help advance knowledge and action on racial health equity in social care research. This multi-part event will take place September 15, September 27, and October 12 from 9 a.m. to noon PT (noon to 3 p.m. ET).

[Visit the event website](#) to register and view the preliminary agenda.

Funding opportunity: Stimulating Research to Understand and Address Hunger, Food, and Nutrition Insecurity

In June, the National Institutes of Health released a new Notice of Special Interest (NOSI) related to research on hunger, food, and nutrition insecurity. The purpose of this NOSI is to encourage research on the efficacy of interventions that address nutrition security and the mechanisms of food insecurity on a variety of health outcomes. It also calls for the development of new measures for nutrition security and assessment of food insecurity that are broadly applicable.

The initial due date is October 5, 2022. [View the NOSI announcement](#) to learn more.

Stay in touch

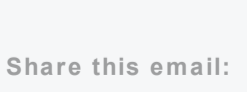
We'd love to hear what you're working on! Email our team: sonnet@kp.org.

Did you miss the previous SONNET newsletter? [Read it here](#).

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Our SONNET Coordinating Center would like to acknowledge that our Seattle offices are on the ancestral lands and traditional territories of the Puget Sound Coast Salish People.

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