

This is the list of strong anticholinergic medications used in our research.

Minimum effective doses are given (in parentheses) only for medications that research participants actually used.

Antihistamines:

- Azatadine (2 mg minimum effective daily dose)
- Bromodiphenhydramine
- Brompheniramine (12 mg)
- Carbinoxamine
- Chlorpheniramine (4 mg)
- Clemastine (2 mg)
- Cyproheptadine (4 mg)
- Dexbrompheniramine
- Dexchlorpheniramine
- Dimethindene
- Diphenhydramine (50 mg)
- Doxylamine (5 mg)
- Hydroxyzine (75 mg)
- Phenindamine
- Phenyltoloxamine
- Trimeprazine (10 mg)
- Triprolidine (10 mg)

Antidepressants:

- Amitriptyline (10 mg)
- Amoxapine (50 mg)
- Clomipramine (25 mg)
- Desipramine (10 mg)
- Doxepin (10 mg)
- Imipramine (10 mg)
- Nortriptyline (10 mg)
- Paroxetine (10 mg)
- Protriptyline (5 mg)
- Trimipramine (50 mg)

Antivertigo/antiemetic:

- Buclizine
- Cyclizine (50 mg)
- Dimenhydrinate (200 mg)
- Meclizine (25 mg)
- Prochlorperazine (15 mg)
- Promethazine (50 mg)
- Promazine

Triflupromazine

Antiparkinson agents:

Benztropine (0.5 mg)

Biperiden

Chlorphenoxamine

Cycrimine

Ethopropazine

Procyclidine (7.5 mg)

Trihexyphenidyl (6 mg)

Antipsychotics:

Chlorpromazine (10 mg)

Chlorprothixene

Clozapine (20 mg)

Loxapine

Mesoridazine (100 mg)b

Olanzapine (2.5 mg)

Pimozide (1 mg)

Piperacetazine

Thioridazine (10 mg)

Trifluoperazine (0.5 mg)

Bladder antimuscarinics:

Darifenacin (7.5 mg)

Fesoterodine

Flavoxate (300 mg)

Oxybutynin

o Patch (3.9 mg)

o Oral (5 mg)

Solifenacin (5 mg)

Tolterodine (2 mg)

Trospium (20 mg)

Skeletal muscle relaxants:

Cyclobenzaprine

Orphenadrine (200 mg)

Gastrointestinal antispasmodics:

Adiphenine

Alverine

Anisotropine

Atropine products (0.0582

mg)

Belladonna alkaloids

Clidinium (7.5 mg)

Dicyclomine (40 mg)

Diphemanil

Glycopyrrolate (0.6 mg)

Hexocyclium

- Homatropine (6 mg)
- Hyoscyamine (0.31 mg)
- Isopropamide (10 mg)
- Mepenzolate
- Methantheline (100 mg)
- Methixene
- Methscopolamine (10 mg)
- Methylatropine
- Oxyphencyclimine
- Oxyphenonium

- Pipenazole
 - Poldine
 - Tridihexethyl
 - Piperidolate
 - Propantheline (22.5 mg)
 - Scopolamine
 - o Patch (0.33 mg)
 - o Oral (0.0195 mg)
 - Thiphenamil
- Antiarrhythmic
- Disopyramide (400 mg)