

SONNET

Social Needs Network for Evaluation and Translation

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Understanding the impacts of loneliness on health

KP researchers conduct the **largest known study on loneliness** – assessing data from 24,000 KP members – to better understand the impact of loneliness on health, factors that contribute to loneliness, and what can help stop loneliness.



[Read more](#) in this SONNET interview with John F. Steiner, MD, MPH, senior clinician investigator at the Kaiser Permanente Colorado Institute for Health Research (IHR) and former director of the Social Needs Network for Evaluation and Translation (SONNET); Tammy S. Kelly, MA, senior innovations and life care planning manager at Kaiser Permanente Colorado; and Alena Wall, MA, CHES, public affairs director for the Marin-Sonoma Kaiser Permanente, and previously community health manager at Kaiser Permanente in Northern California.

Award-winning innovation that comes from the heart

KP Washington recently won an eValue8 Innovation award for its community resources specialist (CRS) role. CRSs are members of the primary care team who **help connect patients to community-based resources for social needs** such as housing, transportation, caregiving support, and healthy food access.



Larnette Slade

[Read more](#) in this blog by CRS Larnette Slade, who writes about what her job means to her and how it feels to be part of an award-winning team. Larnette has been a CRS for nearly 5 years, serving members at KP Washington's Rainier and Renton Medical Centers.

Interested in learning more about CRS role at KP Washington? Check out SONNET's September 2020 [newsletter article](#): "The Impact of the Community Resource Specialist: Integrating a Lay Health Worker to Address Social Needs in Kaiser Permanente Washington clinics" (PDF).

What we're reading

New from JAMA Open Network: [Disparities in COVID-19 Outcomes by Race, Ethnicity, and Socioeconomic Status: A Systematic-Review and Meta-analysis](#)

This systematic review and meta-analysis examines the association of race and ethnicity with COVID-19 outcomes and socioeconomic determinants. The study confirms previous findings of racial and ethnic disparities in COVID-19 positivity rates and in disease severity. It also concludes that socioeconomic determinants are associated with COVID-19 outcomes in minority populations. The findings specifically examine the relationship with clinical care variables that may be of interest to health care leaders and policy makers.

Stay in touch

We'd love to hear what you're working on! Email our team: sonnet@kp.org.

Did you miss the previous SONNET newsletter? [Read it here](#).

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Our SONNET Coordinating Center would like to acknowledge that our Seattle offices are on the ancestral lands and traditional territories of the Puget Sound Coast Salish People.

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