

Jessica Mogk, MPH

Kaiser Permanente Washington Health Research Institute (KPWHRI)
Center for Accelerating Care Transformation (ACT Center)
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EDUCATION AND TRAINING

- 2018 MPH, Community Oriented Public Health Practice Program, Health Services, University of Washington, Seattle, WA
- 2013 BA, Anthropology: International Cultural Immersion and German, Northern Arizona University, Flagstaff, AZ
- 2021 Credentialed Microsystem Coach, Level 1 – The Team Coaching Program
- 2021 Basic Certificate in Quality and Safety – Institute for Healthcare Improvement
- 2021 Inspiring Change 2.0 Certificate – The Center for Implementation
- 2020 Inspiring Change 1.0 Certificate – The Center for Implementation
- 2020 6 Building Blocks Facilitator Training – University of Washington
- 2019 Cognitive Assessment Screening Instrument Training – University of Washington
- 2018 Motivational Interviewing and Health Coaching – KPWHRI

PROFESSIONAL POSITIONS

- 2022-present **Collaborative Scientist II**, Kaiser Permanente Washington Health Research Institute, Seattle, WA
- 2019-2022 **Implementation & Evaluation Associate**, Kaiser Permanente Washington Health Research Institute, Seattle, WA
- 2015-2019 **Research Specialist I, II, III**, Kaiser Permanente Washington Health Research Institute (formally Group Health Research Institute), Seattle, WA

HONORS/AWARDS

- 2021 James A. Vohs Award for Quality, nominated
- 2018 School of Public Health Outstanding Master's Student Award
- 2018 Martin Luther King Jr. Community Service Award
- 2017 Northwest Center for Public Health Practice Grant
- 2013 Outstanding German Senior Award
- 2013 Summa Cum Laude from Northern Arizona University

MEMBERSHIPS

- 2023 AcademyHealth
- 2022 International Network on Brief Interventions for Alcohol & Other Drugs (INEBRIA)

ORGANIZATIONAL SERVICE AT KAISER PERMANENTE

2023-Present Mentorship Workgroup Co-Chair
2022-Present Equity, Inclusion, and Diversity Champion
2018-Present Health Equity Action Team Member, Kaiser Permanente Washington
2020-2022 Floor Warden, KPWHRI
2020-2021 Equity Team Steering Committee Member, KPWHRI
2018-2021 Equity Team Member, KPWHRI
2020 Anti-Racism Journey Facilitator, Kaiser Permanente Washington
2018 High School Student Career Day Booth Leader, KPWHRI

OTHER PROFESSIONAL SERVICE

2023 Abstract reviewer, North American Primary Care Research Group Conference
2023 Abstract reviewer, AcademyHealth Annual Research Meeting
2021-Present Data Analyst, Homeless Remembrance Project, Seattle, WA
2016-2018 Volunteer, Seattle King County Medical Clinic
2017-2018 Lead Organizer, Health Equity Circle and the Sound Alliance, Seattle, WA

SPECIAL NATIONAL RESPONSIBILITIES

N/A

EDITORIAL RESPONSIBILITIES

2023 Peer Reviewer, JMIR Formative Research
2023 Peer Reviewer, Annals of Family Medicine
2023 Peer Reviewer, Addiction Science & Clinical Practice
2021 Peer Reviewer, Journal of Health Care for the Poor and Underserved

RESEARCH FUNDING

Current Projects

CHCF
Optimizing the Primary Care Team Workforce

National Heart Lung and Blood Institute 9/30/2021-6/30/2024
5R01 HL121067-07 (Mangione-Smith) \$593,846 (total direct)

Pediatric Respiratory Illness Measurement System (PRIMES) Implementation in Community Hospital Settings

To implement the PRIMES-SV tool in six geographically diverse community hospitals to a) examine the degree of variation in performance across the hospitals and b) identify implementation barriers to high performance using the Consolidated Framework for Implementation Research.

Role: QI Coach and Collaborative Scientist (35% FTE)

Kaiser Permanente Washington 2019-12/30/2023
No Grant # (Lozano) \$5,301,690 (total direct)

Learning Health System Program: Integrated Pain Management

To improve care for patients with pain, and to support providers in caring for patients on chronic opioid therapy.

Role: Practice Facilitator and Collaborative Scientist (30% FTE)

National Institute on Drug Abuse 4/1/2019-2/29/2024
R01 DA047954 (Glass) \$663,241

Digital Treatments for Substance Use Disorder (DIGITS) in Primary Care: A Hybrid Type-III Implementation Trial

To evaluate strategies for increasing the adoption and reach of digital health tools for substance use disorders in primary care.

Role: Practice Facilitator and Collaborative Scientist (30% FTE)

National Institute of Health 9/23/2019-12/30/2023
1R01MD013874 (Coleman) \$687,277

Bariatric Experience Long Term (BELONG II)

Gain a deeper understanding of weight loss and regain for different races/ethnicities 5 years after surgery using qualitative methods.

Role: Qualitative Researcher (20% FTE)

National Cancer Institute 9/1/2020-5/31/2025
5R01CA253028-03 (Kroenke) \$538,338

Social Support in Cancer/EHR Support

To develop an electronic health record-based tool to identify newly diagnosed breast cancer patients at risk of low social support.

Role: Site PI (15% FTE)

Completed Projects

National Institute on Alcohol Abuse and Alcoholism 8/1/2017-9/30/2022
K01AA023859 (Glass) \$889,465 (total direct)

mHealth AUD

Decreasing the engagement gap for addiction treatment in primary care.

Role: Qualitative Researcher and Manuscript Lead (15% FTE)

National Institute on Aging 9/15/2017-11/30/2021
R01 AG057508 (*Yaffe, Larson) \$1,063,066 (total direct)

Systematic Multi-Domain Alzheimer's Risk Reduction Trial (SMARRT):

Trail of multiple behavior changes (e.g., physical activity, sleep, depression) intervention to prevent Alzheimer's Disease and Related Dementias.

Role: Neuropsychic Assessor (30% FTE)

Kaiser Permanente Washington Community Benefit 8/1/2019-3/31/2021
No Grant # (Coleman) \$134,763 (direct)

Building the Capacity to Address Social Needs in Washington

To support the Washington Association of Community Health to design, implement, and evaluate a social needs screening collaborative for federally qualified health centers in Washington.
Role: Implementation and Evaluation Associate (30% FTE)

Robert Wood Johnson Foundation
75607 (Parchman) 9/1/2018-7/31/2021
\$250,000 (total direct)

Safety Net Value Champions Fellowship Program

This is a 9-month fellowship training program for a cohort of 8 clinical champions from safety net settings to develop competencies needed to engage providers in addressing overuse. The curriculum will be based on the Taking Action on Overuse learning and experience and taught by nationally recognized faculty.

Robert Wood Johnson Foundation
Role: Implementation and Evaluation Associate (30% FTE)

Kaiser Permanente Washington
No Grant # (Lewis, Hsu)

Learning Health System Program: CRS Evaluation

Role: Practice Facilitator and Qualitative Researcher (50% FTE)

National Heart, Lung, and Blood Institute
R01HL132880 (Rosenberg) 06/01/2018-03/31/2023
\$481,882 (direct)

Healthy Aging Resources to Thrive (HART):

Randomized controlled trial to reduce sitting time and improve cardiometabolic health in older adults with obesity

Role: Health Coach (35% FTE)

KPWHRI Development Fund
No Grant # (Figueroa Gray) 2/17/2019-12/15/2019
\$59,957 (total direct)

Making Medical Decisions with BRCA I/II

Qualitative social media research to understand decision-making as a result of genetic testing.

Role: Qualitative Researcher (20% FTE)

Industry Vaccine Study
No Grant # (Jackson L)

NOR-204

Clinical trial of a norovirus vaccine.

Role: Research Specialist (25% FTE)

National Institute of Allergy and Infectious Diseases
HHSN27200009-FY.2017.B8C12.0080 (Jackson L) 7/28/17-12/31/2020
\$2,680,772 (total direct)

Vaccine and Treatment Evaluation Units (VTEUs) Protocols 17-0075, 17-0076, 17-0090

To design and conduct three Phase II studies of H7N9 Inactivated Influenza Vaccine.

Role: Research Specialist (60% FTE)

National Institute of Allergy and Infectious Diseases
HHSN27200005-14-0088.B1C1D1.0030 (Jackson L) 7/12/17-5/31/2022
\$2,467,100 (total direct)

Vaccine and Treatment Evaluation Units (VTEUs) Protocol 14-0088

To design and conduct the protocol titled “A Phase 1, Two Arm, Open Label Trial to Evaluate the Safety, Immunogenicity and Preliminary Efficacy of Genetically-attenuated p52-/p36-/sap1- Plasmodium falciparum Parasites (GAP3KO) administered via the Bite of Infected Anopheles stephensi Mosquitoes to Malaria-Naïve Adults Living in the United States”.

Role: Research Specialist (50% FTE)

National Science Foundation
(Figueroa Gray)

11/25/2017-11/24/2018
\$66,047 (total direct)

Changing Narratives in Early Phase Immunotherapy Trails

This exploratory qualitative study situates contemporary problems in cancer research in the both the broader social history of cancer research and in decision-making in medicine by examining patient and provider narratives of Phase 1 immunotherapy trial participation.

Role: Qualitative Researcher (30% FTE)

Group Health Research Institute Development Fund
No Grant # (Figueroa Gray)

2017-1/1/2018

Clare Fertility

Role: Qualitative Researcher (70% FTE)

National Institute of Allergy and Infectious Diseases
HHSN27200007 (Jackson L)

9/17/2017-12/31/2020
\$1,248,287 (total direct)

Vaccine and Treatment Evaluation Units (VTEUs) Protocol 11-0042

To design and conduct the protocol titled “A Phase 1 Dose Escalation Trial to Assess the Safety and Efficacy of Infectious (Replication-intact), Cryopreserved Plasmodium falciparum Sporozoites (PfSPZ Challenge) administered by Direct Venous Inoculation under Chloroquine Cover (PfSPZ-CVac) on Varying Schedules in Healthy Malaria-Naïve Adults in the United States”.

Role: Research Specialist (40% FTE)

VTEU
RNG002744 (Jackson L)

2015-2017

RSV-E-201, RSV-E-202, RSV-E-301

To design and conduct a clinical trail of a respiratory syncytial virus vaccine.

Role: Research Specialist (70% FTE)

TEACHING AND MENTORING RESPONSIBILITIES

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|-----------|---|
| 2021-2022 | Site Supervisor , University of Washington Community Oriented Public Health Practice Program Practicum Student Brooke Satre, class of 2023. |
| 2022-2023 | Invited Panel Speaker , University of Washington class Homelessness in Seattle: Destitute poverty in the Emerald City. January 21, 2022, January 27, 2023. |
| 2017-2020 | Mentor , University of Washington BA Public Health Student Valerie Shmigol, class of 2017. |
| 2019 | Invited Panel Speaker , University of Washington class Public Health Research Methods. March 11, 2019. |
| 2018 | Invited Panel Speaker , University of Washington Community Oriented Public Health Program, Careers in Public Health. November 27, 2018. |

- 2017-2018 **Supervisor**, 13 undergraduate interns from the University of Washington and Seattle Pacific University, legal debt and homelessness capstone project.
- Winter 2018 **Graduate Teaching Assistant**, University of Washington Honors Program, Licton Springs Homeless Encampment Evaluation.

PUBLICATIONS

Published papers in peer-reviewed journals

1. **Mogk J**, Matson T, Caldeiro R, Garza Mcwethy A, Beatty T, Sevey B, Glass J. Implementation and workflow strategies for integrating digital therapeutics for alcohol use disorders into primary care: A qualitative study. *Addiction Science and Clinical Practice* 18, 27 (2023). <https://doi.org/10.1186/s13722-023-00387-w>
2. Glass J, Wong E, Bobb J, Idu A, Dorsey C, Bradley K, Stefanik-Guizlo K, King D, Palazzo L, Key D, Beatty T, Garza McWethy A, Caldeiro R, **Mogk J**. Study protocol for a factorial-randomized controlled trial evaluating the implementation, costs, effectiveness, and sustainment of digital therapeutics for substance use disorder in primary care (DIGITS Trial). *Implementation Science* 18, 3. February 2023. <https://doi.org/10.1186/s13012-022-01258-9>
3. Parchman ML, Palazzo L, **Mogk J**, Webbon JC, Demosthenes L, Vossenkemper E, Hoke G, Moskovitz J, Dunlap L, Diaz del Carpio R. What Strategies are Used by Clinician Champions to Reduce Low-Value Care? *SAGE Open Medicine*. January 2022. doi:10.1177/20503121211069855.
4. **Mogk J**, Shmigol V, Futrell M, Stover B, Hagopian A. Court-imposed fines as a feature of the homelessness-incarceration nexus: a cross-sectional study of the relationship between legal debt and duration of homelessness in Seattle, Washington, USA. *J Public Health (Oxf)*. 2020;42(2):e107-e119. doi:10.1093/pubmed/fdz062.

Other publications and high-impact learning health system products

1. **Mogk J**, Blasi P. Evidence snapshot: Hospital Readmission Risk Prediction Models. Center for Accelerating Care Transformation, Kaiser Permanente Washington. April 2023.
2. **Mogk J**, Blasi P. Evidence snapshot: Interventions to Reduce Hospital Readmissions. Center for Accelerating Care Transformation, Kaiser Permanente Washington. April 2023.
3. **Mogk J**, Satre B, Allen C, Stefanik-Guizlo K, Lozano P. [Information about Cannabis for Kaiser Permanente Washington Providers](#). Center for Accelerating Care Transformation, Kaiser Permanente Washington. April 2023.
4. Stefanik-Guizlo K, Brush S, Ramos K, Volpe K, Canada S, Peck M, **Mogk J**, Lozano P. [Toolkit for Managing Persistent Pain](#). Center for Accelerating Care Transformation, Kaiser Permanente Washington. March 2022.
5. Lee A, **Mogk J**, DeWitt C, Parish R, Lewis C, Hsu C. [Community Resource Specialist Integration Playbook](#). Center for Accelerating Care Transformation, Kaiser Permanente Washington. March 2022.
6. Coleman K, Allen C, **Mogk J**. Population Health Management Recommendations, Resources, and Research. Center for Accelerating Care Transformation, Kaiser Permanente Washington. January 20, 2022.
7. **Mogk J**, Allen C, Hsu C, Holden E, Parchman M, Grace T. Learning Collaborative Toolkit. This toolkit provides easy access to the knowledge and tools necessary to design, execute, and

evaluate a high-quality learning collaborative. Center for Accelerating Care Transformation, Kaiser Permanente Washington. 2021.

8. **Mogk J**, Stefanik-Guizlo K, King D. DIGITS Practice Facilitation Manual. An implementation guide for the facilitation arm of the DIGITS study. Kaiser Permanente Washington Health Research Institute. 2021.
9. Allen C, **Mogk J**. Addressing Patients' Social Needs During COVID-19. Best practices for clinics aiming to address patient social needs as gleaned from the literature and interviews with people doing this work. Center for Accelerating Care Transformation, Kaiser Permanente Washington. 2020.

PRESENTATIONS

Poster Presentations and Abstracts

1. Stefanik-Guizlo K, Allen C, **Mogk J**, Brush S, Lozano P, Canada S, Peck M, Ramos K, Volpe K, Levitz C, Bourcier E, Trapp Petty M. Patient Engagement to Co-Design and Implement an Intervention to Reduce High-Dose Opioid Prescribing in a Large Integrated Delivery System. AcademyHealth Annual Research Meeting (Seattle, WA), June 24-27, 2023.
2. Glass J, Beatty T, Garza Mcwethy A, Wong E, Caldeiro R, Idu A, Bobb J, **Mogk J**, Key D, Dorsey C, Palazzo L, Bradley K. Prescription digital therapeutics for opioids and other substance use disorders (DIGITS Trial) in primary care: Pilot study results and randomized implementation trial design. National Institute on Drug Abuse Clinical Trials Network Annual Steering Committee Meeting (Bethesda, MD), April 24–26, 2023.
3. Stefanik-Guizlo K, **Mogk J**, Allen C, Brush S, Canada S, Peck M, Ramos K, Volpe K, Lozano P. Making Patient Engagement More Meaningful and Inclusive in Learning Health System Research: Applying the Valuing All Voices Framework. Health Care Systems Research Network Annual Conference (Virtual), April 12-14, 2022.
4. Palazzo L, Dorsey C, Beatty T, Garza McWethy A, Caldeiro RM, **Mogk J**, Stefanik-Guizlo K, Bradley KA, Glass J. Digital therapeutics for opioids and other substance use disorders (DIGITS Trial) in primary care: Evaluation of a quality improvement pilot for a hybrid type-III implementation trial. Health Care Systems Research Network Annual Conference (Pasadena, CA), April 12-14, 2022.
5. Parchman M, Demosthenes L, Palazzo L, Hoke G, Moskovitz J, Dunlap L, Vossenkemper E, Diaz del Carpio R, Webbon J, **Mogk J**. De-Implementing Low Value Care: Key Strategies Used by Clinical Champions. Academy Health Annual Research Meeting (Virtual), June 14-17, 2021.
6. Figueroa Gray M, **Mogk J**, Wernli K, Beatty T, Henrikson N. I wish more people understood: an exploration of a year of conversations in the HBOC Twitter community. Society for Medical Decision Making 42nd Annual Meeting (Virtual), October 6-27, 2020.

Oral Presentations

1. **Mogk J**, Stefanik-Guizlo K, Allen C, Levitz C, Glass J, Lozano P. Keeping track of what we are doing: Successes and challenges in tracking practice facilitation activities and outcomes. North American Primary Care Research Group International Conference on Practice Facilitation (Portland, OR), August 29, 2023.
2. **Mogk J**, Stefanik-Guizlo K, Allen C, Brush S, Levitz C, Bourcier E, Trapp Petty M, Lozano P. Using Virtual Practice Facilitation to Implement a Multilevel Intervention to Reduce High Dose Opioid

Prescriptions: Feasibility, Challenges, and Engagement Strategies. AcademyHealth Annual Research Meeting (Seattle, WA), June 24-27, 2023.

3. **Mogk J**, Matson T, Caldeiro R, Garza Mcwethy A, Beatty T, Sevey B, Glass J. Implementation and workflow strategies for integrating digital therapeutics for alcohol use disorders into primary care: A qualitative study. International Network on Brief Intervention for Alcohol and Other Drugs (Edinburgh, UK), September 23, 2022.
4. **Mogk J**, Stefanik-Guizlo K, Allen C, Lozano P. Technology and Strategies for Overcoming Challenges in Virtual Practice Facilitation: Skills Workshop. North American Primary Care Research Group International Conference on Practice Facilitation (Savannah, GA), September 8-9, 2022.
5. Allen C, Lozano P, **Mogk J**, Bourcier E, Levitz C, Stefanik-Guizlo K. Adaptation and implementation of an evidence-based program to reduce unsafe opioid prescribing. LHS Interest Group 2022 Challenge Contest, AcademyHealth Annual Research Meeting (Washington D.C.), June 4-7, 2022. Abstract published at <https://onlinelibrary.wiley.com/doi/10.1002/lrh2.10346>.
6. Figueroa Gray MS, **Mogk J**, Hawkes R, Trice-Loggers E. Innovating altruism in the context of novel cancer therapeutics. Social Studies of Science and Technology Annual Meeting (Virtual), October 8, 2021.
7. **Mogk J**, Stefanik-Guizlo K, Brush S. Integrated Pain Management Pilot – Patient Partner Engagement. Health Care Systems Research Network Patient Engagement in Research Special Interest Group (Virtual), July 27, 2021.
8. **Mogk J**. Incarceration and Debt as Predictors of Homelessness: Does a history of incarceration or outstanding legal debt predict length of homelessness in Seattle, Washington? Community Oriented Public Health Practice Capstone Presentation (Orin Smith Auditorium, UW Medicine, Seattle, WA), June 7, 2018.
9. Figueroa Gray MS, Ludman E, **Mogk J**, Beatty T, Wernli K. Reproduction reimaged: Infertility, fertility preservation, and family building in the context of adolescent and young adult cancer. American Anthropological Association. 2018.
10. **Mogk J**. School District Physical Education Policy Surveillance. Community Oriented Public Health Practice Practicum Presentation (University of Washington, Seattle, WA), June 5, 2017.